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## [ PDF Database Document ] - BTCC Cryptocurrency Exchange

Original:

<https://www.btcc.com/en-US/academy/guide/crypto-staking-returns-for-beginners-2025-guide>

### Crypto Staking Returns for Beginners (2025 Guide)

## What Is Crypto Staking?

If you're new to crypto and wondering, "How do I earn passive income with crypto?", the answer might be staking.

Crypto staking is a way to earn rewards by locking your coins in a blockchain network. Instead of mining, you're helping the network stay secure while getting paid in return.

Think of it as earning interest on your crypto—without needing to trade or sell.

In this guide, we break down crypto staking returns for beginners in simple terms and show you exactly how much you can earn, which coins to choose, and where to stake safely in 2025.

## How Does Crypto Staking Work?

Crypto staking involves locking up your crypto tokens to support a Proof-of-Stake (PoS) blockchain network. In return, the network rewards you with more coins.

### Basic Process:

1. You buy a PoS crypto (like Ethereum or Solana)
2. You stake it using a wallet or exchange
3. You earn passive rewards (usually daily or weekly)

### Benefits of Staking:

- Earn passive income without trading
- Help secure the network
- Lower energy usage compared to mining
- Start with as little as \$10

## How Much Can You Earn from Crypto Staking in 2025?

Staking returns vary depending on the coin, platform, and lock-up period.

Here's a snapshot of current staking APYs (Annual Percentage Yields):

Coin	Est. APY	Minimum Stake	Top Staking Platforms	Lock-Up Period
<b>Ethereum (ETH)</b>	3-4%	0.01 ETH	Lido, Coinbase, Kraken	Flexible (Lido) / 1-2 days (exchanges)
<b>Solana (SOL)</b>	6-7%	0.1 SOL	Phantom, Kraken, Ledger	2-3 days

Coin	Est. APY	Minimum Stake	Top Staking Platforms	Lock-Up Period
<b>Cardano (ADA)</b>	3-5%	5 ADA	Daedalus, Yoroi, Binance	20-25 days (epoch-based)
<b>Polkadot (DOT)</b>	10-14%	1 DOT	Binance, Polkadot.js, Kraken	28 days (unbonding)
<b>Cosmos (ATOM)</b>	12-18%	0.01 ATOM	Keplr, Osmosis, Ledger	21 days
<b>Tezos (XTZ)</b>	4-6%	1 XTZ	Ledger, Bake Tezos, Kraken	~14 days

So if you staked \$1,000 worth of SOL at 6% APY, you'd earn around \$60 per year—not including price appreciation.

Best Crypto Coins for Staking (Beginner-Friendly in 2025)

When you're just starting, it's important to pick reliable staking coins with good liquidity and low entry barriers.

#### Top Picks:

- Ethereum (ETH) - Most popular and trusted
- Solana (SOL) - Fast, low fees, high rewards
- Cardano (ADA) - Great community and stability
- Polkadot (DOT) - High returns with strong ecosystem
- Tezos (XTZ) - Low volatility and easy-to-stake

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**/ You can claim a welcome reward of up to 10,055 USDT**

## Where to Stake Crypto in 2025: Platforms Comparison

You can stake via centralized exchanges, non-custodial wallets, or DeFi platforms.

Platform	Custody Type	Key Pros	Best For	Notable Features
<b>Coinbase</b>	Custodial	Simplest interface, insured assets	Beginners	Auto-compounding, \$ETH \$SOL \$ADA
<b>Kraken</b>	Custodial	Competitive APYs, flexible unstaking	Active traders	15+ stakable assets, low fees
<b>Binance</b>	Custodial	50+ supported coins, high liquidity	International users	Dual investment options, BNB discounts
<b>Lido</b>	Non-custodial	Liquid staking (stETH), no lock-up	ETH holders	1:1 stETH minting, DeFi integrations

Platform	Custody Type	Key Pros	Best For	Notable Features
Phantom	Non-custodial	Native Solana support, NFT friendly	SOL enthusiasts	Built-in swaps, dApp browser
Keplr	Non-custodial	IBC ecosystem access, high APYs	Cosmos (ATOM) stakers	Governance participation, airdrop eligibility

**Tip:** Non-custodial staking means you keep control of your keys.

## What Are the Risks of Crypto Staking?

While staking is safer than trading, it's not risk-free.

### Key Risks:

- Market volatility: Your staked coins may lose value
- Lock-up periods: Some coins require unstaking delays (up to 21 days)
- Validator slashing: Poor validator performance can lead to penalties
- Platform risk: Centralized platforms may be hacked or freeze withdrawals

**Tip:** Use trusted wallets or liquid staking options like Lido to reduce risk.

## Liquid Staking vs Traditional Staking

Feature	Traditional Staking	Liquid Staking	Key Implications
Lock-Up Period	☑ Yes (7-28 days)	☑ No	Liquid staking offers instant liquidity
Withdraw Flexibility	☑ Limited (unbonding delays)	☑ Instant via secondary market	Trade/sell staked assets anytime
Tokenized Rewards	☑ No (locked rewards)	☑ Yes (e.g., stETH, rETH)	Use rewards in DeFi while staking
Yield Access	After unlock period	Daily via token appreciation	Compound yields faster
Platform Examples	Binance, Kraken, Coinbase	Lido, Rocket Pool, Stader	Centralized vs. decentralized solutions
Best For	Passive, long-term holders	Active traders/DeFi users	Liquidity needs vs. simplicity

**Summary:** Liquid staking lets you earn rewards while keeping your funds unlocked and tradable.

## Crypto Staking vs Holding: Which Is Better?

Factor	Staking	Holding (HODL)	Key Implications
Rewards	☑ Earns APY (3-20% typically)	☑ No yield	Staking provides passive income
Market Exposure	☑ Price + Yield Exposure	☑ Price Exposure Only	Both benefit if asset price rises
Liquidity	☑ Lock-up periods (days-weeks)	☑ Instant access to funds	Holding is better for short-term needs

Factor	Staking	Holding (HODL)	Key Implications
<b>ROI Potential</b>	Higher (yield compounds + price gain)	Depends solely on price growth	Staking accelerates wealth accumulation
<b>Risk Profile</b>	Moderate (slashing/validator risks)	Lower (no protocol risk)	Holding avoids staking-specific risks
<b>Best For</b>	Long-term investors	Traders/short-term holders	Match strategy to your goals
<b>Tax Treatment</b>	Rewards taxed as income	Only capital gains tax applies	Staking may incre

If you're a long-term HODLer, staking simply enhances your returns. Instead of letting coins sit idle, staking puts them to work.

### Example: Real-World Crypto Staking Earnings

Let's say you invest \$1,000 into different staking coins:

#### Coin APY Yearly Quarterly Monthly Weekly Daily \$5k Yearly

SOL	6%	\$60	\$15	\$5	\$1.15	\$0.16	\$300
DOT	12%	\$120	\$30	\$10	\$2.30	\$0.33	\$600
ADA	4%	\$40	\$10	\$3.33	\$0.77	\$0.11	\$200

After a year, you could earn \$220 in passive income—not including any price growth.

Long-tail keyword: how much can I earn staking \$1000 in crypto

## Tax Implications of Crypto Staking (2025)

In many countries, staking rewards are considered taxable income when received, and capital gains when sold later.

### Basic Guidelines:

- Track all staking rewards (date, amount, price)
- Use tools like Koinly, CoinTracker, or Accountings
- Consult a local crypto tax advisor

## FAQs: Crypto Staking for Beginners

### Is crypto staking safe for beginners?

Yes, if you stick to top coins (ETH, SOL, ADA) and reputable platforms like Coinbase or Ledger.

### What is the best staking coin in 2025?

Top choices include ETH, SOL, DOT, and ATOM based on APY and liquidity.

### Can I lose money staking crypto?

You won't lose your coins from staking itself, but you can lose value due to market drops or validator slashing.

### Can I stake with a hardware wallet?

Yes! Use wallets like Ledger and connect to platforms like Lido or Keplr for non-custodial staking.

## Conclusion: Is Crypto Staking Worth It in 2025?

If you're asking, "Is staking crypto worth it?", the answer is a clear yes—as long as you understand the risks and start with safe assets.

For beginners, staking is one of the easiest and lowest-risk ways to grow your crypto passively in 2025.

With just \$100–\$500, you can start earning 3–15% APY and participate in securing blockchain networks.

## Suggested Meta Description (SEO Optimized)

New to crypto staking? Learn how much you can earn, best coins to stake, and beginner-friendly platforms. Discover safe crypto staking returns in 2025.

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# How to Trade Crypto on BTCC?

This brief instruction will assist you in registering for and trading on the BTCC exchange.

## Step 1: Register an account

The first step is to hit the “Sign Up” button on the BTCC website or app. Your email address and a strong password are all you need. After completing that, look for a verification email in your inbox. To activate your account, click the link in the email.

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<b>250X</b> Leverage	<b>300+</b> Cryptocurrencies	<b>0.045%</b> Max. fee	<b>0.01%</b> Min. fee
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👑 Upgrade to VIP for amazing privileges!

### Create Account

Registration takes only 30 seconds

Email Mobile

Email address

Create a password

Referral code (optional) ▼

Register now

Or register via

Google Apple Telegram

By creating an account, I agree to BTCC's [Privacy Policy](#) and [User Agreement](#).

## Step 2: Finish the KYC

The Know Your Customer (KYC) procedure is the next step after your account is operational. The main goal of this stage is to maintain compliance and security. You must upload identification, such as a passport or driver's license. You'll receive a confirmation email as soon as your documents are validated, so don't worry—it's a quick process.



### Step 3. Deposit Funds

After that, adding money to your account is simple. BTCC provides a range of payment options, such as credit cards and bank transfers. To get your money into your trading account, simply choose what works best for you, enter the amount, and then follow the instructions.

- **Fiat Deposit.** Buy USDT using Visa/Mastercard (KYC required).
- **Crypto Deposit.** Transfer crypto from another platform or wallet.

## Fund Your Account



I don't have crypto assets



### Fiat Deposit

Fund your account with USDT using  
Visa/Mastercard



### P2P

Buy and sell cryptos with flexible payment  
methods and 0 transaction fees.



I have crypto assets



### Crypto Deposit

Get the deposit address for BTC,ETH,or any  
other crypto and deposit via the blockchain.



## Step 4. Start Trading

If you wish to follow profitable traders, you might go for copy trading, futures, or spot trading. After choosing your order type and the cryptocurrency you wish to trade, press the buy or sell button. Managing your portfolio and keeping track of your trades is made simple by the user-friendly interface.



Look more for details: [How to Trade Crypto Futures Contracts on BTCC](#)

## BTCC FAQs

### Is BTCC safe?

Based on its track record since 2011, BTCC has established itself as a secure cryptocurrency exchange. There have been no reports of fraudulent activity involving user accounts or the platform's infrastructure. By enforcing mandatory know-your-customer (KYC) and anti-money laundering (AML) procedures, the cryptocurrency trading platform gives consumers greater security. For operations like withdrawals, it also provides extra security features like two-factor authentication (2FA).

### Is KYC Necessary for BTCC?

Indeed. Before using BTCC goods, users must finish the Know Your Customer (KYC) process. A facial recognition scan and legitimate identification documents must be submitted for this process. Usually, it is finished in a few minutes. This procedure has the benefit of strengthening the security of the exchange and satisfying legal requirements.

Because their accounts will have a lower daily withdrawal limit, those who do not finish their KYC are unable to make deposits. It should be noted that those who present a legitimate ID without a facial recognition scan will likewise have restricted withdrawal options.

### Is There a Mobile App for BTCC?

Indeed. For users of iOS and Android, BTCC has a mobile app. The exchange's website offers the mobile app for download. Since both the web version and the mobile app have the same features and capabilities, they are comparable.



## **Will I Have to Pay BTCC Trading Fees?**

Indeed. BTCC levies a fee for trade, just like a lot of other centralised exchanges. Each user's VIP level, which is unlocked according to their available money, determines the different costs. The BTCC website provides information on the charge rates.

## **Can I Access BTCC From the U.S?**

You can, indeed. According to its website, BTCC has obtained a crypto license from the US Financial Crimes Enforcement Network (FinCEN), which enables the cryptocurrency exchange to provide its services to investors who are headquartered in the US.

According to BTCC's User Agreement document, its goods are not allowed to be used in nations and organisations that have been sanctioned by the United States or other nations where it has a licence.

### **BTCC Guide:**

- [How to Trade Crypto Futures Contracts on BTCC](#)
- [BTCC Guide-How to Deposit Crypto on BTCC?](#)
- [What is Crypto Futures Trading - Beginner's Guide](#)
- [What is Leverage in Cryptocurrency? How Can I Trade at 100X Leverage?](#)
- [BTCC Review 2024: Best Crypto Futures Exchange](#)

### **Crypto Buying Guides:**

- [How To Buy Bitcoin \(BTC\)](#)
- [How To Buy Pico](#)
- [How To Buy Ethereum \(ETH\)](#)
- [How To Buy Dogecoin \(DOGE\)](#)
- [How To Buy Pepe Coin \(PEPE\)](#)
- [How To Buy Ripple \(XRP\)](#)

### **Crypto Prediction:**

- [Ethereum \(ETH\) Price Prediction 2024, 2025, 2030 — Will ETH Reach \\$10,000?](#)
- [Ethereum Price Prediction 2024, 2025, 2030: How High Can ETH Go in 2024?](#)
- [Bitcoin \(BTC\) Price Prediction 2024, 2025, 2030 — Is BTC a Good Investment?](#)
- [Ripple \(XRP\) Price Prediction 2024, 2025, 2030 — Will XRP Reach \\$1 After SEC Lawsuit?](#)
- [Pi Coin Price Prediction 2024,2025,2030 — Is Pi Coin a Good Buy?](#)
- [Pepe \(PEPE\) Price Prediction 2024, 2025, 2030 - Will PEPE Reach \\$1](#)